



# Little Monkeys Day Nursery & Pre School

## Weaning Policy

The nursery works in partnership with parents through their child's weaning process. The nursery has a flexible approach to provide continuity to the child. Parents are given a full, daily written report on the child's milk/food intake during the weaning process.

### Bottle Feeds:

Expressed milk may be brought to the nursery if the child is breast fed.

The nursery provides the same formula milk as used at home until the child is one year old.

- All bottles are sterilized using the steam sterilization method
- Bottles are prepared in the milk kitchen in sterile conditions
- Bottles are made up and discarded of as instructed by the manufacture guidance
- Bottles are tagged with the child's name for easy identification
- Bottles are warmed using the bottle warmer or in warm water, **NOT** in the microwave

### Weaning:

- The nursery introduces first solid food to the child with the parent's direction.
- Food will not be given before the recommended age without consultation with the child's Health Visitor.
- The nursery provides fresh pureed potatoes, vegetables and meat. However, if the parent prefers to use ready made baby food, the nursery will use the same provided by the parents
- The child will be introduced to more coarse textures and finger foods at the appropriate age, according to medical guidelines.
- Any weaning plan the parents wish their child to follow will be followed by the nursery.
- At the end of the weaning process the child moves on to the nursery menu taking in to account any special dietary requirements.

This policy was adopted on:

December 2018

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Signed on behalf of the nursery:

Laura Fradsham (Owner/Manager)

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Date for review:

December 2019

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