



Little Monkeys Day Nursery & Pre School

Sun Policy

The nursery is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

The following guidelines are for the prevention and care of children in the sun:

- Signed permission is received from all parents/carers to apply sun cream that the nursery provides to their children.
- Children will always have sun cream applied before going outside in the sun and at frequent intervals during the day
- All staff are aware that sun burn can still occur when it is behind clouds.
- Children with allergies to types of sun cream will only have their own specific cream applied which parents will provide. All rooms have a list of which children have their own suncream.
- All children will wear a sun hat when outside in the sun. Parents will be asked to supply these but spare ones will be available.
- Children are offered and encouraged to drink cooled water more frequently throughout sunny or warm days
- Children are made aware of the need for sunhats, sun cream and the need to drink more fluids during their time in the sun
- Staff will make day to day decisions about the length of time spent outside dependant on the strength of the sun
- Parents of children with Asian and black skin colouring should be aware that these skin types can be very tolerant to sunshine. However it is important to remember that burning can still occur.
- If the staff are in any doubt of weather to apply sun cream, they will take action and apply sun cream or speak to the manager on duty at the time.

This policy was adapted

November 2017

Signed on behalf of the nursery by

Laura Fradsham

This policy will be reviewed

November 2018